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SAFETY FIRST

HURRICANE SAFETY

Property Protection

Being prepared last year does not mean you still are today. Basic upkeep and upgrades to your home can play a major part in how safe it is for you and your family.

Checklist:

- Installed and fully functional storm shutters/impact-resistant windows and doors
- Secured or tied down loose items and tools around your home when a hurricane is approaching
- Trimmed tree branches and shrubbery

Essential Supplies

Storm survival supplies are easy to find long in advance, but tend to sell out quickly in the event of an emergency. Make sure you can weather any storm by stocking up on important items now, including the ones below.

Checklist:

- Non-perishable and/or canned foods (at least a week's worth)
- Manual can opener
- Gas stove or range (with gas tank)
- Gallons of drinkable water (one gallon per person, per day)
- Charged batteries
- Wireless light sources (flashlights, battery-powered lanterns or candles)
- Matches and/or lighters
- Charged cellphone (kept off until needed)



Standing Water Can Be Dangerous

Did you know that, after a storm, standing water can contain hazardous substances or even sharp objects or downed power lines? Avoiding standing water at any time, and especially after a storm, can help keep you safe.

Evacuation Kit

Having a packed suitcase with crucial on-the-go items can be a lifesaver in a rushed or unexpected evacuation. If you already have one, be sure to restock your existing kit for you and anyone in your care.

Checklist:

- Personal hygiene items (soap, toilet paper, toothbrush/toothpaste, feminine hygiene items, etc.)
- Change of clothes, towels, and linens
- Gasoline
- First aid kit
- Photocopies of IDs and important information
- Car repair tools (tire kits, pumps, flares)
- Whistle
- Cash and important valuables



Gasoline Can Be Hard to Find

Did you know that gas stations often run out of fuel before a hurricane? It's recommended to always keep your gas tank at least half full during hurricane season.

In the event of an upcoming storm, the Town of Lake Park will issue hurricane information via CodeRED. You will receive these calls from the phone number 561-881-3300. If you are unsure if you are registered to receive CodeRed calls from the Town of Lake Park, please email publicinformation@lakeparkflorida.gov with your phone number to ensure you are contacted. The Town also encourages everyone to register with AlertPBC to receive information about hurricanes and other emergencies. To register, please visit <https://discover.pbcgov.org/publicsafety/dem/pages/alert-pbc.aspx>. We wish everyone a safe hurricane season.

SUMMER SAFETY



School is out for the summer, and with more time for outdoor activities during the hottest months of the year, it is important to take extra safety precautions. Here are some tips that are easy to follow and may help save your life or the life of a loved one.

Tips:

- South Florida's extreme summer heat can cause illness, dehydration, and even death. While this can be dangerous for everyone, children, senior citizens, and those who play outdoor sports during the summer months are at the greatest risk for heat-related illnesses. It is important to learn the signs and symptoms of extreme heat exposure and how to remedy them.
- NEVER leave children unattended or unsupervised in parked cars. Leaving a child alone in a car can lead to serious injury or death from heatstroke.
- Drink plenty of liquids, regardless of your activity level.
- Wear lightweight clothing that is light-colored and breathable.

DID YOU KNOW?

Record-Breaking Summers

Did you know that in 2023, Miami Executive Airport recorded seven days with a heat index of 113°F or higher, and Naples had 53 days with at least two hours above 105°F?

- Apply (and reapply) sunscreen with an SPF of at least 30, limit your exposure to the sun, and protect your eyes with sunglasses.
- Wear wide-brimmed hat.
- Stay in the shade when possible, and try to avoid being out in the sun for extended periods between 10:00 AM and 4:00 PM when the sun is at its strongest.
- When at a pool, beach or other body of water, designate an adult to watch the children.
- Never leave a child unattended in a pool or spa, and always watch children around any body of water.
- Learn how to swim and teach your child how to swim.
- Learn how to perform CPR on children and adults.
- Keep children away from pool drains, pipes, and other openings to avoid entrapments.

DID YOU KNOW?

Beat the Heat and Watch the Water

Did you know most drownings happen during the hottest months? Stay cool and safe — hydrate, use sunscreen, and always watch kids near water.

WATER SAFETY

Hot summers mean cool water fun, but safety on and around the water is essential. The following boating safety and water-smart practices are provided by the Drowning Prevention Coalition of Palm Beach County:

Equipment Check

Ensure all essential equipment is present, functional, and in good condition by scheduling a free vessel safety check with local U.S. Coast Guard Auxiliary or U.S. Power Squadrons.

Float Plan

Before heading out, inform someone on shore of your trip itinerary, including details such as operator and passenger information, boat type and registration, and onboard communication equipment.

Weather Monitoring

Check the weather forecast before departure and stay updated throughout the journey, adhering to local weather advisories.

Situational Awareness

Remain aware of your surroundings at all times to avoid accidents caused by operator inattention or improper lookout.

Navigation and Speed

Familiarize yourself with the area, adhere to local boating speed regulations, and maintain a safe speed at all times.

Communication

Equip your boat with multiple functioning communication devices such as VHF radios and emergency locator beacons for effective communication in case of emergencies.

Additional Precautions

Supervise activities on the water closely, avoid swimming alone, and always wear a life jacket.

DID YOU KNOW?

Life Jackets Are Essential

Did you know that 87% of drowning victims in recreational boating accidents were not wearing a life jacket?

For more information on water safety lessons and water safety/drowning prevention education, please visit the Drowning Prevention Coalition's website at <https://discover.pbcgov.org/drowningprevention> call 561-616-7068. The coalition is funded by the Palm Beach County Board of County Commissioners and the Children's Services Council of Palm Beach County and managed by Palm Beach County Fire Rescue.